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INFORMATION,  
PREVENTION AND  
TREATMENT REFERRALS, AND  
OTHER RESOURCES ARE  
AVAILABLE 24 HOURS A DAY  
FROM THE MASSACHUSETTS  
SUBSTANCE ABUSE  
INFORMATION AND  
EDUCATION HELPLINE/  
THE MEDICAL FOUNDATION.

800-327-5050  
(TOLL-FREE; MULTI-LINGUAL)  
TTY: 617-536-5872  
WWW.HELPLINE-ONLINE.COM

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ADDITIONAL INFORMATION  
AND STATISTICS ARE  
AVAILABLE FROM:

- Massachusetts Youth Health Survey, October 2002  
[www.state.ma.us/dph/bsas](http://www.state.ma.us/dph/bsas)
- Massachusetts Youth Risk Behavior Survey  
[www.doe.mass.edu/hssss/yrbs/01/results.pdf](http://www.doe.mass.edu/hssss/yrbs/01/results.pdf)
- National Center on Addiction and Substance Abuse at Columbia University  
[www.casacolumbia.org](http://www.casacolumbia.org)
- Monitoring the Future, Overview of Key Findings 2002  
[www.monitoringthefuture.org](http://www.monitoringthefuture.org)
- Office of National Drug Control Policy  
[www.whitehousedrugpolicy.gov](http://www.whitehousedrugpolicy.gov)
- Parents. The Anti Drug  
[www.theantidrug.com](http://www.theantidrug.com)
- Partnership for a Drug-Free America  
[www.drugfreeamerica.org](http://www.drugfreeamerica.org)
- U. S. Department of Health and Human Services  
[www.health.org](http://www.health.org)

*Be the first to* **TALK WITH YOUR PRE-TEEN**  
*about ALCOHOL, TOBACCO, and other DRUGS*

**INFORMATION FOR FAMILIES**

▼  
**OVER THE COUNTER DRUGS *and* PRESCRIPTION DRUGS**

► **WHAT ARE THEY?**

- Variety of drugs available in homes, stores, or pharmacies that can be used for non-health-related reasons
- Look like tablets or capsules
- Can be swallowed or crushed and then snorted or injected
- Some are called Kpins (Clonipin), oxy or OC (OxyContin), vikes (Vicodin), skittles or kibbles (Ritalin)

► **STATISTICS**

- 8% of 12-17 year olds report using prescription drugs for non-medical reasons.
- 34% of youth with ADHD (attention deficit hyperactivity disorder) report being asked to sell or trade their medicines.

► **RISKS**

- Overdose, death
- Increased risk when mixed with alcohol or other drugs
- Loss of appetite
- Fevers, convulsions, headaches
- Irregular heartbeat and breathing
- Addiction

► **WHAT TO LOOK FOR**

- Unlocked medicine cabinet, missing medications
- Child who is allowed to give him-or herself prescription drugs (school nurses or parents should administer medications)
- Repeated movements or meaningless tasks, twitching

CLICK  
HERE  
FOR

**SOURCES  
OF  
STATISTICS**